

# Dietary essential oils improve feed efficiency and hepatic antioxidant content of broiler chickens

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1 **Dietary essential oils improve feed efficiency and hepatic antioxidant content of**  
2 **broiler chickens**

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17

18 Short title: Feeding essential oils to broilers

19

20 **Abstract**

21 The aim of this study was to test the hypothesis of an improved growth, dietary nutrient  
22 availability, and overall health of broiler chickens reared on recycled litter when fed a  
23 standardised combination of essential oils (EO; carvacrol, cinnamaldehyde and  
24 capsicum oleoresin). To assess the effect of dietary treatments, feed intake, weight  
25 gain, feed efficiency, availability of dietary nutrients and energy, villus morphometry,

26 excreta sialic acid concentration, hepatic antioxidants, and serum amyloid A (SAA)  
27 when fed to broiler chickens were evaluated. Counts of *Eimeria* spp. oocysts were  
28 also determined in excreta samples. Four experimental diets were offered, including  
29 two basal control diets based on either wheat or maize that contained 215 g crude  
30 protein/kg and 12.13 MJ/kg metabolisable energy and another two diets using the  
31 basal control diets supplemented with the EO combination at 100 mg/kg diet. Each  
32 diet was fed to eight floor pens, containing two birds each, following randomisation.  
33 Birds fed the EO supplemented diets had an improved ( $P < 0.05$ ) feed conversion ratio  
34 (FCR). Birds fed maize-based diet had an improved daily weight gain and FCR  
35 ( $P < 0.05$ ) compared to wheat-fed birds. Wheat-based diet tended ( $P = 0.056$ ) to have  
36 higher N-corrected apparent metabolisable energy (AMEn) and had higher fat  
37 retention coefficient (FR) ( $P < 0.05$ ) compared to maize-based diets. No differences  
38 ( $P > 0.05$ ) were observed in villus morphometry, sialic acid secretion, number of  
39 oocysts and SAA. Feeding the EO improved ( $P < 0.05$ ) the retention of dietary Ca and  
40 Na. Compared with maize, feeding wheat-based diets improved the retention  
41 coefficients for Ca, P and Na ( $P < 0.05$ ). Feeding dietary EO improved ( $P < 0.05$ ) the  
42 concentrations of the hepatic antioxidants, including carotene, coenzyme Q<sub>10</sub> and total  
43 vitamin E. The hepatic concentration of carotene of the maize-fed birds was 55.6%  
44 higher ( $P < 0.05$ ) compared to the wheat-fed birds. These results demonstrated that  
45 the addition of a standardised combination of EO in wheat and maize based diets  
46 provided benefits in terms of feed efficiency, mineral retention and antioxidant status  
47 of the birds when reared on recycled litter.

48

49 **Keywords:** essential oils, broilers, growth performance, hepatic antioxidants, rearing  
50 hygiene status

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## **Implications**

55 Experimental comparisons of the nutritional value of essential oils is often performed  
56 under relatively high hygiene status, even though the large-scale broiler producers  
57 rear birds in houses with relatively high stocking density and lower hygiene status.  
58 Essential oils can influence intestinal microflora, immune responses, and animal  
59 health, thus their impact may differ between rearing conditions. This information helps  
60 to inform the poultry industry of the benefit of using standardised essential oil  
61 combinations for inclusion in broiler chicken feeds, reared under relatively low hygiene  
62 status provided by recycled litter.

63

## **Introduction**

65

66 Phytogetic feed additives are plant-derived products (also referred to as essential oils,  
67 phytogetics, phytobiotics) used in animal feeding to improve the performance of  
68 agricultural livestock (Windisch *et al.*, 2008). Although the number of scientific  
69 publications on phytogetic feed additives significantly increased over the last two  
70 decades, the knowledge regarding their modes of action and aspects of application is  
71 still rather limited. Most experiments involving plant extracts in poultry have studied  
72 separately their impact on production performance (Iskender *et al.*, 2017), dietary  
73 nutrient and energy availability (Bravo *et al.*, 2011 and 2015), intestinal microflora  
74 (Altop *et al.*, 2017), immune responses (Lee *et al.*, 2011), animal health (Uyar *et al.*,  
75 2016), however, very few of them studied the impact of the rearing conditions on the  
76 aforementioned variables.

77 Research by Pirgozliev *et al.* (2014) suggested that the efficiency of dietary essential  
78 oils (EO) may be influenced by the hygiene-status of poultry houses. Thus, suggesting  
79 that the increased levels of normal flora and opportunistic pathogens from the litter  
80 flooring may have an impact on the studied variables. Previous studies indicated that  
81 certain EO might have beneficial effects on animal performance and health status  
82 because of other properties besides their respective functional characteristics  
83 (Windisch *et al.*, 2008). Report by Burt (2004) have shown that EO, including  
84 carvacrol, cinnamaldehyde and capsicum oleoresin, *in vitro* exhibit antibacterial and  
85 antimicrobial effects. EO have also been reported to improve animal performance  
86 because of their stimulating effect on pancreatic and intestinal enzyme activity, on bile  
87 flow and bile acid secretion, or by a direct bactericidal effect on potential pathogen  
88 microorganisms of the gut microflora (Hardy, 2002). Moreover, mixtures of spices  
89 exhibited an additive effect regarding their pancreatic enzyme stimulation compared  
90 with the spices taken individually (Platel *et al.*, 2002). In addition, EO supplementation  
91 would affect some components of gut health and intestinal barrier, including intestine  
92 structure, bacteria populations and microbial metabolites released in the gut lumen  
93 (Lee *et al.*, 2011; Salami *et al.*, 2016; Altop *et al.*, 2017). Based on this we  
94 hypothesised that beneficial effects of EO are more pronounced under less hygienic  
95 housing conditions, e.g. microbial loading in the litter.

96 Therefore, the objectives of the current study were to investigate the effect of a  
97 commercial mixture of EO on the performance, available energy, mineral and nutrient  
98 utilisation, digestive tract variables, antioxidative status and inflammation when fed to  
99 broilers reared on recycled litter.

100

## 101 **Material and methods**

102

103 *Diet formulation*

104

105 Birds were fed one of four diets. There were two control diets based on either wheat  
106 (WC) or maize (MC) which were formulated to be iso-energetic (12.13 MJ/kg AME)  
107 and iso-nitrogenic (215 g/kg CP) (Table 1). Barley and rye were included in the diet  
108 formulation to enhance the detection of differences between treatments, due to their  
109 non-starch polysaccharide (NSP) content. The other two diets were the control diets  
110 supplemented with a standardized combination of essential oils (XTRACT 6930;  
111 Pancosma S.A., Geneva, Switzerland; thereafter EO) including 5% carvacrol, 3%  
112 cinnamaldehyde and 2% capsicum oleoresin (100 grams per tonne, respectively, i.e.  
113 WC+EO; MC+EO). The EO were added in powder form to the diets and all diets were  
114 fed as mash. The diets did not contain any coccidiostat or antimicrobial growth  
115 promoters, prophylactic or other similar additives.

116

117 *Husbandry and sample collection*

118

119 Sixty four male Ross 308 day-old chickens were used in the study. The study was  
120 approved by the Harper Adams University Research Ethics Committee. From day old  
121 to 7d age all birds were reared in a single floor pen and fed a proprietary chicken  
122 starter feed that did not contain any coccidiostat or antimicrobial growth promoters,  
123 prophylactic or other similar additives. The birds were vaccinated for Infectious  
124 Bronchitis at the hatchery.

125 On the first day of the experiment (7 d of age), all chicks were weighed and allocated  
126 to one of 32 pens, two birds in a pen. Each of the thirty two pens has a solid floor with  
127 an area of 0.16 m<sup>2</sup> that was covered with recycled wood shavings. The recycled litter

128 material was from a previous flock reared for 42 days in the National Institute of Poultry  
129 Husbandry, Harper Adams University, which had no obvious health problems,  
130 although some sub-clinical necrotic enteritis, coccidiosis or presence of some other  
131 pathogens was possible. It has been assumed that the use of recycled litter may  
132 impose some additional stress on the birds and may emphasise the effect of the fed  
133 mixture of essential oils. Each diet was offered to birds housed in one of eight pens in  
134 a randomised complete block design. The temperature was kept at 29°C at 7 d of age  
135 and was gradually reduced to 21°C at the end of the 14 d feeding period (21 d of age).  
136 The light regimen was 18 h light and 6 h dark. At 17 d of age, the solid floor of each  
137 pen was replaced with a wire mesh and excreta samples were collected for four  
138 consecutive days from each pen, immediately dried at 60°C and then milled for further  
139 analyses. The birds were weighed on a per-pen basis at the beginning, at 7 day old,  
140 and at the end of the study, at 21 d old, and the average bird feed intake (FI), weight  
141 gain (WG) and feed conversion ratio (FCR) were determined. Although the feeding  
142 period was 14 days, the birds were in contact with the litter for 10 days only, from 7 to  
143 17 days of age. At the end of the study, at 21 day old, one bird from each pen was  
144 stunned and then killed, and blood and ileal intestinal samples from one birds per pen  
145 were collected for analysing serum amyloid A (SAA), an acute phase protein, and ileal  
146 villus morphometry, respectively. The liver from the same birds was collected and  
147 stored at –20°C for further analysis on antioxidants content.

148

#### 149 *Chemical analysis*

150

151 The experimental diets and the excreta were milled (0.75 mm mesh) and analysed  
152 further. Dry matter (DM) was determined by drying samples in a forced draft oven at

153 105°C to a constant weight. Crude protein (6.25 x N) in samples was determined by  
154 dry combustion method (AOAC 2000) using a LECO (FP-528N, Leco Corp., St.  
155 Joseph, MI). Oil (as ether extract) was extracted with diethyl ether by the ether  
156 extraction method (AOAC 2000), using a Soxtec system (Foss UK Ltd.). The GE value  
157 of the samples was determined in a bomb calorimeter (model 6200; Parr Instrument  
158 Co., Moline, IL), and benzoic acid was used as the standard. Minerals in the samples  
159 were determined by inductively coupled plasma emission spectrometry, ICP (Optima  
160 4300 DV Dual View ICP-OE spectrometer, Perkin Elmer, Beaconsfield, UK) (Tanner  
161 et al., 2002). The N-corrected apparent metabolisable energy (AMEn) of the diets was  
162 calculated as described by Hill and Anderson (1958). The coefficients of total tract fat  
163 (FR) and mineral retention, dry matter retention (DMR), and nitrogen retention (NR)  
164 were determined as the difference between intake and excretion of the nutrient divided  
165 by its respective intake.

166 The concentration of sialic acid in excreta was determined by the periodate - resorcinol  
167 method as described by Jourdian *et al.* (1971).

168 Concentration of total carotenoids in diets and liver, hepatic coenzyme Q<sub>10</sub> and vitamin  
169 E ( $\alpha$ -,  $\gamma$ - and  $\delta$ -tocopherols) were determined as previously described (Karadas *et al.*,  
170 2006, 2014).

171 The Serum Amyloid A (SAA) in blood collected post mortem was determined by a solid  
172 phase sandwich enzyme linked immuno sorbent assay (ELISA) using the Tridelta  
173 Phase™ (Tridelta Development Limited, Co. Kildare, Ireland) range SAA kit, according  
174 to manufacturer recommendations.

175

176 *Ileal villus morphometry*

177



178 Approximately 4 cm of the middle part of the ileum, between the Meckel's diverticulum  
179 and the ileoceacl junction, of one of the birds was sampled and stored in 10% formalin-  
180 buffered saline. The samples then were embedded in paraffin wax, sectioned at  
181 approximately 5 µm, and 3 gut segments were fixed in each slide. Morphometric  
182 measurements were determined on 20 intact well-oriented villus–crypt units for each  
183 slide (microscope Microtec, TEC Microscopes LTD, Axbridge, UK; CCD camera  
184 Infinity 2, Lumenera Corporation, Ottawa, Canada; Image analysis software, Infinity  
185 Analyse – Infinity 2-2 for Windows version 6.5.2, Lumenera Corporation, Ottawa,  
186 Canada) as previously described (Abdulla *et al.*, 2017).

187

#### 188 *Oocyst counts*

189

190 Counts of *Eimeria* spp. oocysts were determined in excreta samples taken from each  
191 pen at 16 days of age, 9 days after beginning of the experiment. Sampling was carried  
192 out by collecting about 20 g samples of excreta, two times per day from each pen.  
193 Samples collected from each pen were placed in separate tub, homogenized  
194 thoroughly by a mixer, and kept refrigerated for two days, until assessed for total  
195 oocyst counts. Homogenized samples were ten-fold diluted with tap water to be further  
196 diluted with saturated NaCl solution at a ratio of 1 : 10. Oocyst counts were determined  
197 using McMaster chambers and presented as the number of oocysts per g of excreta  
198 (Hodgson, 1970).

199

#### 200 *Statistical procedures*

201

202 Statistical analyses were performed using the Genstat statistical software package  
203 (Genstat 18<sup>th</sup> release 3.22 for Windows; IACR, Rothamstead, Hertfordshire, UK). The  
204 AMEn content of the experimental diets, broiler growth performance and nutrient  
205 digestibility were compared statistically by ANOVA using a 2 × 2 factorial arrangement  
206 of treatments. The main effects were the cereal type (wheat and maize) and the EO  
207 supplementation (with and without). The comparison between the experimental results  
208 was performed by ANOVA. In all instances, differences were reported as significant at  
209  $P < 0.05$ . When a significant F test was detected, means were separated using the  
210 Fisher's protected LSD. Tendencies towards significance ( $0.05 < P < 0.1$ ) were also  
211 reported.

212

## 213 **Results**

214 The analysed chemical composition of the basal diet is shown in Table 1. The analysed  
215 dietary protein content was lower than expected, and the analysed Ca content was  
216 lower than expected in the wheat-based diets in particular.

217 Birds remained healthy throughout the study period and there was no mortality. The  
218 weight of the birds fed maize-based diets was 0.690 kg, or 12% heavier ( $P < 0.05$ )  
219 than the weight of the birds fed wheat-based diet, i.e. 0.616 kg (data not included in  
220 tables). The overall liver weight was 15.6 g and was not influenced by dietary  
221 treatments ( $P > 0.05$ ), although when expressed as per cent of the body weight, the  
222 liver of the birds fed maize was 2.32% and of those fed wheat was 2.46% ( $P < 0.05$ ;  
223 data not included in tables).

224 Table 2 shows the data on growth performance, metabolisable energy and  
225 nutrient utilisation coefficients. Birds fed maize-based diet had higher daily weight gain  
226 and reduced FCR ( $P < 0.05$ ) compared to wheat fed birds. However, wheat-based diet

227 tended ( $P = 0.056$ ) to have higher AMEn and had higher FR ( $P < 0.05$ ) compared to  
228 maize-based diets. Birds fed the EO supplemented diets had a lower FCR, using 56  
229 g less feed to produce a kilogram of growth ( $P < 0.05$ ). Daily FI, DMR and NR were  
230 not influenced ( $P > 0.05$ ) by dietary treatments.

231 Data on morphological variables of the ileum and excreta sialic acid  
232 concentration are presented in Table 3. There were no differences ( $P > 0.05$ ) in villus  
233 height, crypt depth and the ratio between them due to EO supplementation or cereal  
234 inclusion. Sialic acid concentrations were not affected ( $P > 0.05$ ) by dietary treatments.  
235 The overall oocysts count in excreta was relatively low, i.e. 5119 eggs per gram fresh  
236 excreta, and not affected ( $P > 0.05$ ) by cereal type or EO supplementation.

237 Results on dietary mineral retention coefficients are presented in Table 4.  
238 Feeding EO improved the coefficients of Ca and Na retention ( $P < 0.05$ ). Feeding  
239 wheat-based diets improved the retention coefficients of Ca ( $P < 0.05$ ), P ( $P < 0.05$ )  
240 and Na ( $P < 0.001$ ).

241 Data on hepatic antioxidants and SAA in blood are presented in Table 5.  
242 Feeding dietary EO improved ( $P < 0.05$ ) the concentrations of hepatic vitamin E by  
243 53.2%, carotene by 34.3% and coenzyme Q<sub>10</sub> by 19.2%, respectively. The hepatic  
244 concentration of carotene of the maize-fed birds was 55.6% higher ( $P < 0.05$ )  
245 compared to the birds fed wheat-based diets. No dietary impact ( $P > 0.05$ ) on SAA in  
246 blood samples was observed.

247

## 248 **Discussion**

249 **The analysed dietary protein and Ca contents differed from the calculated values. This**  
250 **was probably due to differences between the composition of the actual ingredients**

251 that were used in the present study and the values in the database used by the  
252 software for the dietary formulations.

253 Essential oils, such as carvacrol, cinnamaldehyde and capsicum oleoresin, when  
254 supplemented to diets, are known to exert positive effects on the performance and  
255 nutrient utilisation in broilers reared in houses with poor hygienic status (Pirgozliev *et al.*,  
256 2014). These effects are likely mediated by a gastrointestinal microbial  
257 modification, promoted local protective immunity against *Eimeria* infection, improved  
258 hepatic antioxidative status, dietary energy and nutrient utilisation (Lee *et al.*, 2011;  
259 Karadas *et al.*, 2014). The major findings of the current study are the improved FCR  
260 and hepatic antioxidant status of the birds fed the EO in both wheat and maize based  
261 diets. However, Jamroz *et al.* (2006) using the same blend of EO, reported EO x cereal  
262 type interaction on FCR from 0 to 21d age. The EO reduced the FCR in maize fed  
263 birds, although there was no effect in wheat fed birds, as overall wheat produced lower  
264 FCR than maize. This coupled with reducing the crypt depth in maize fed, but not in  
265 wheat fed birds (Jamroz *et al.*, 2006). The intestinal villus morphometry may be linked  
266 to the gut health of the birds. Changes in intestinal morphometry such as reduced  
267 villous height to crypt depth ratio, involving shorter villi and/or deeper crypts, have  
268 been associated with the presence of toxins or higher tissue turnover and poor growth  
269 performance (Xu *et al.*, 2003). The length of the villus in the present study was in the  
270 expected range (Abdulla *et al.*, 2017), but there were no significant differences in villus  
271 morphometry.

272 Comparing mash vs pelleted diets, Pirgozliev *et al.* (2016) found over 20% lower  
273 weight in birds fed mash diets, thus partially explaining the relatively low bird weight.  
274 The low dietary protein, inclusion of rye and barley, and the rearing conditions (i.e.  
275 recycled litter) probably also contributed to the lower than expected bird performance

276 **observed in this study.** In the present study, the birds fed maize based diets had an  
277 improved daily weight gain and FCR but had lower AMEn and FR coefficient. The  
278 improved growth performance of birds fed maize may partially be explained by the fact  
279 that compared to wheat, maize contains less water-soluble non-starch  
280 polysaccharides - a carbohydrate complex possessing antinutrient activity (Annison et  
281 al., 1996). **Research by Bozkurt et al. (2012) further supports our findings and**  
282 **addresses the impact of NSP on efficacy of the EO.** The opposite of those findings,  
283 Jamroz *et al.* (2006) reported no difference in the bird weight gain when maize or  
284 wheat based diets are fed. **The use of different dietary formulations, rearing conditions**  
285 **and strains of birds may be a reason for the observed differences in response to EO**  
286 **in different studies.**

287 It has been demonstrated that an increase of unsaturated fats in diets improves  
288 digestibility of fat and dietary metabolizable energy (Danicke *et al.*, 1999). Indeed, the  
289 wheat based diet contained more vegetable oil, compared to maize based diet, thus  
290 explaining the response. However, the total fat content in the diet is relatively low (less  
291 than 5%), therefore the difference in fat retention observed is unlikely to cause major  
292 differences in growth performance. The ME and nutrient retention response to  
293 supplementary EO varies between different reports (Bravo *et al.*, 2011 and 2014). The  
294 inconsistency may be due to different dietary compositions and experimental  
295 conditions (Amad *et al.*, 2011). In addition, relatively small differences in dietary  
296 metabolisable energy are not always directly consistent with growth performance of  
297 birds (Abdulla *et al.*, 2017), thus a lack of correlation in the responses to growth and  
298 dietary AMEn might be expected.

299 The number of oocyst output per gram excreta in the reported study is relatively  
300 low compared to *Eimeria* infected birds (Chapman *et al.*, 2002) and this suggests that

301 there was no major disease challenge to the birds. This is also indicated by the lack  
302 of response of SAA to dietary treatments in this study. The SAA is a major acute-  
303 phase protein of the chicken, and is produced predominantly by the liver as a systemic  
304 manifestation of the body's response to inflammation (Eckersall, 2000). The very low  
305 concentration of SAA was in agreement with Chamanza *et al.* (1999) and showed that  
306 no acute inflammation occurs in the chicks. This very low SAA concentration in blood  
307 may also be a reason for the lack of impact of the EO blend fed to the birds in this  
308 study.

309         Recent research (Amad *et al.*, 2011) demonstrated that feeding phytogenics  
310 improves the digestibility of dietary minerals, including Ca, P and crude ash in poultry.  
311 Hosseini *et al.* (2013) also reported an increase in blood Ca and P concentrations in  
312 broilers fed phytogenics. The results on mineral digestibility of the present report are  
313 in the expected range (Scholey *et al.*, 2017). The improved digestibility of Ca, K and  
314 Na in EO fed birds coincided with higher hepatic antioxidant content of the birds. **It can  
315 be hypothesised that dietary EO, in combination with the relatively low dietary levels  
316 of these minerals, are likely reasons for the better absorption and digestion reported.**  
317 The improved hepatic antioxidant content suggests reduced oxidative stresses of the  
318 birds (Karadas *et al.*, 2014). This favours gut health and overall animal health and can  
319 at least partially explain the observed results. The improved digestibility of Ca, P and  
320 Na in wheat-based diets however may also be attributed to the relatively low feed  
321 intake of the birds, and the positive impact of the additional dietary fat (Danicke *et al.*,  
322 1999). Birds fed XT had an increase in Na retention coefficient by 12.7%. Improved  
323 Na retention (reduced exertion) was also reported in phytase fed broilers due to  
324 phytate hydrolysis and reduced irritation of the gastrointestinal tract (Pirgozliev *et al.*,  
325 2009). As the primary cation in extracellular fluids in animals and humans, sodium is

326 physiologically important and involved in maintaining the fluid and electrolyte balance  
327 in the body (Amad *et al.*, 2011; Hosseini *et al.*, 2013), thus further research clarifying  
328 the impact of EO on Na and mineral bioavailability in general is warranted.

329 In agreement with previous research (Karadas *et al.*, 2014), feeding the  
330 experimental combination of EO improved the hepatic concentration of antioxidants,  
331 including carotene, coenzyme Q<sub>10</sub> and total vitamin E. It is assumed that the diets are  
332 the main determinant of the carotenoid composition in liver tissue (Karadas *et al.*,  
333 2006). The improved carotenoid concentration in the liver of EO-fed birds suggests  
334 that the supplement either increases carotenoid absorption, or for some reason  
335 reduces oxidative stresses, thereby preventing carotenoid reserves from depletion, or  
336 perhaps a combination of the two. Overall feed intake did not differ between  
337 treatments, suggesting that efficiency of absorption and/or deposition was higher or  
338 reduced metabolism occurred. In agreement with previous research (Karadas *et al.*,  
339 2006 and 2014) there was an increase in the concentrations of the carotenoids,  
340 coupled with increased concentrations of coenzyme Q<sub>10</sub> and vitamin E (in this study).  
341 This suggests that the involvement of the carotenoid in antioxidant interactions within  
342 the liver of growing chickens cannot be excluded. The improvements seen may  
343 indicate that the antioxidants may be effective at reducing production and effects of  
344 free radicals (Salami *et al.*, 2016). Coenzyme Q<sub>10</sub> can be obtained from the diet but,  
345 more importantly, it is synthesised in the body. Therefore, an increased concentration  
346 of coenzyme Q<sub>10</sub> in the liver of the growing chickens as a result of dietary EO  
347 supplementation could be considered beneficial. Indeed, this is coupled with an  
348 improved feed efficiency. In addition, Dhuley (1999) also reported that carvacrol and  
349 cinnamaldehyde, components of the EO mixture used in this study, increased the  
350 activity of the antioxidant enzymes of the mucosal cells, thus reducing the intestinal

351 cell damage and cell turnover and sustaining the integrity of the intestinal mucosal  
352 layer. Greater concentrations of antioxidants in body tissues, e.g. liver, may also  
353 improve health status of the birds and decrease the challenge provoked by infectious  
354 diseases (Salami *et al.*, 2016). The improved hepatic carotenoid concentration in  
355 maize fed birds may be explained with the higher carotenoid content in maize  
356 compared to wheat (Panfili *et al.*, 2004).

357 In conclusion, data from this study indicate that a standardised dietary  
358 combination of EO, including carvacrol, cinnamaldehyde, and capsicum oleoresin,  
359 improved the nutritional value of wheat and maize based diets, when fed to broiler  
360 chickens. Although there was no effect of the EO inclusion on the oocysts exertion  
361 from the birds, there was no evidence of coccidial challenge in the birds rearing  
362 environment, i.e. recycled litter. Differences in variables between maize and wheat  
363 diets are associated with differences in chemical composition between cereals and  
364 different amounts of dietary oil. These results demonstrated that the addition of EO in  
365 wheat and maize based diets provided benefits in terms of feed efficiency, mineral  
366 availability and antioxidant status of the birds.

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535 **Table 1.** *Composition of the control diets*

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Dietary ingredients	Wheat-based diet	Maize-based diet
	kg/100kg	kg/100kg
Maize	-	52.86
Wheat	54.68	-
Soybean meal (48)	27.49	31.30
Vegetable oil	3.50	1.00
Barley	5.84	6.33
Rye	5.00	5.00
Monocalcium phosphate	1.43	1.43
Limestone	1.15	1.15
NaCl	0.27	0.33
Lysine	0.15	0.15
Methionine	0.39	0.35
Vitamin mineral premix <sup>1</sup>	0.10	0.10
	100	100
Calculated analysis (as fed)		
Crude Protein g/kg	215	215
ME MJ/kg	12.12	12.13
Crude Fat g/kg	47	34
Ca g/kg	8.4	8.3
Available P g/kg	4.5	4.4
Lysine g/kg	12.3	12.3
Methionine + Cysteine g/kg	9.5	9.5
Determined analysis (air dry) <sup>2</sup>		
Dry matter g/kg	883	884
Crude protein g/kg	188.2	195.3
Crude fat g/kg	46.2	33.2
Gross energy MJ/kg	16.69	16.27
Ca g/kg	6.5	8.0
P g/kg	5.6	5.7
Mg g/kg	1.6	1.4
K g/kg	9.4	8.7
Na g/kg	1.1	1.1

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538 ME = metabolisable energy

539 <sup>1</sup> The Vitamin and mineral premix contained vitamins and trace elements to meet the requirements  
540 specified by the National research Council (1994). The premix provided (units/kg diet): retinol, 12 000  
541 IU; cholecalciferol, 5000 IU;  $\alpha$ -tocopherol, 34 mg; menadione, 3 mg; thiamine, 2 mg; riboflavin, 7 mg;  
542 pyridoxine, 5 mg; cobalamin, 15  $\mu$ g; nicotinic acid, 50 mg; pantothenic acid, 15 mg; folic acid, 1 mg;  
543 biotin, 200  $\mu$ g; 80 mg iron as iron sulphate (30%); 10 mg copper as a copper sulphate (25%); 100 mg  
544 manganese as manganous oxide (62%); 80 mg zinc as zinc oxide (72%); 1 mg iodine as calcium iodate  
545 (52%); 0.2 mg selenium as sodium selenite (4.5%); 0.5 mg molybdenum as sodium molybdate (40%).

546 <sup>2</sup>Analyses were performed in duplicate.

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**Table 2.** The effect of diet formulation and EO on feed intake (FI), weight gain (WG), feed conversion ratio (FCR), total tract dry matter retention (DMR), nitrogen retention (NR) and fat retention (FR) coefficients when fed to broiler chickens from 7 to 21d age<sup>1</sup>

Treatment factor	FI (g DM/b/d)	WG (g/b/d)	FCR (g/g)	AMEn (MJ/kg DM)	DMR	NR	FR
Cereals							
Wheat	46	33	1.365	11.86	0.772	0.679	0.819
Maize	49	38	1.297	11.62	0.769	0.690	0.758
EO							
No	47	35	1.359	11.71	0.771	0.691	0.794
Yes	48	37	1.303	11.77	0.770	0.679	0.784
SEM <sup>2</sup>	1.3	1.1	0.0161	0.086	0.0049	0.0064	0.0150
Probabilities of statistical differences							
Cereals	0.087	0.009	0.007	0.056	0.667	0.251	0.009
EO	0.718	0.228	0.023	0.592	0.939	0.183	0.625
Cereals x EO	0.076	0.079	0.687	0.193	0.064	0.086	0.824

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EO = a commercial blend of essential oils.

<sup>1</sup>Each value represents the mean of eight replicates.

<sup>2</sup>Pooled standard error of mean.

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559 **Table 3.** *The effect of diet formulation and EO on morphological parameters of the*  
 560 *ileum in 21 d old broiler chickens*<sup>1</sup>

Treatment factor	Villus height (µm)	Crypt depth (µm)	Height/Depth	SA c DM	SA tot	Oocysts excretion (g excreta)
Cereals						
Wheat	557	62	9.2	0.887	58.2	5029
Maize	544	63	8.9	0.862	59.9	5208
EO						
No	529	60	9.0	0.880	57.6	5190
Yes	573	65	9.1	0.869	60.5	5047
SEM <sup>2</sup>	17.6	1.8	0.32	0.0352	3.24	1508.3
Probabilities of statistical differences						
Cereals	0.604	0.878	0.613	0.624	0.726	0.934
EO	0.098	0.095	0.676	0.826	0.542	0.947
Cereals x EO	0.345	0.904	0.330	0.841	0.109	0.983

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562 EO = a commercial blend of essential oils.

563 <sup>1</sup>Each value represents the mean of eight replicates.

564 <sup>2</sup>Pooled standard error of mean.

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568 **Table 4.** *The effect of diet formulation and EO on dietary mineral retention coefficients*  
 569 *(data based on excreta collection from 17 to 21d age)<sup>1</sup>*

Treatment factor	Ca	Mg	P	K	Na
Cereals					
Wheat	0.619	0.311	0.589	0.368	0.828
Maize	0.516	0.298	0.533	0.364	0.696
EO					
No	0.533	0.322	0.555	0.384	0.716
Yes	0.601	0.287	0.567	0.348	0.807
SEM <sup>2</sup>	0.0205	0.0161	0.0130	0.0136	0.0208
Probabilities of statistical differences					
Cereals	0.002	0.554	0.006	0.850	<0.001
EO	0.029	0.146	0.515	0.078	0.006
Cereals x EO	0.126	0.397	0.251	0.440	0.243

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571 EO = a commercial blend of essential oils.

572 <sup>1</sup>Each value represents the mean of eight replicates.

573 <sup>2</sup>Pooled standard error of mean.

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**Table 5.** *The effect of diet formulation and EO on the concentration of hepatic carotene, coenzyme Q<sub>10</sub>, vitamin E and serum amyloid A (SAA) in blood, determined on 21 d old broiler chickens<sup>1</sup>*

Treatment factor	Carotene (µg/g)	Q <sub>10</sub> (µg/g)	Vit E (µg/g)	SAA (µg/ml)
Cereals				
Wheat	0.243	69.7	69.6	2.669
Maize	0.378	68.4	65.7	2.932
EO				
No	0.265	63.0	53.4	2.846
Yes	0.356	75.1	81.8	2.755
SEM <sup>2</sup>	0.0272	3.30	5.64	0.1403
Probabilities of statistical differences				
Cereals	0.002	0.788	0.631	0.200
EO	0.029	0.018	0.002	0.653
Cereals x EO	0.096	0.394	0.668	0.281

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EO = a commercial blend of essential oils.

<sup>1</sup>Each value represents the mean of eight replicates.

<sup>2</sup>Pooled standard error of mean.